

what's IN SEASON

SEPTEMBER

vegetables

Arugula
Asian Greens
Beans
Beets

Broccoli
Cabbage
Carrots
Cauliflower

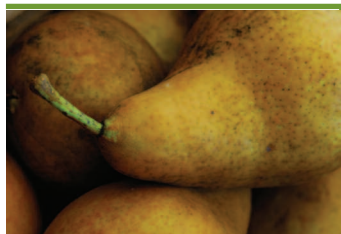


Corn
Eggplant
Leeks
Lettuce

Onions
Peppers
Potatoes
Radishes

Spinach
Swiss Chard
Tomatoes
Winter Squash

fruit



Apples
Cranberries
Pears
Raspberries

OCTOBER

Arugula
Beets
Broccoli
Brussels Sprouts

Cabbage
Garlic
Herbs (perennial)
Kale

Leeks
Onions
Parsnips
Potatoes

vegetables

Pumpkins
Radishes
Rutabaga
Spinach

Swiss Chard
Turnips
Winter Squash



Apples
Concord Grapes
Cranberries
Pears

fruit

Raspberries

NOVEMBER

vegetables

Arugula
Beets
Brussels Sprouts
Garlic

Kale
Leeks
Onions
Parsnips

Potatoes
Pumpkins
Radishes
Spinach



Swiss Chard
Turnips
Winter Squash

Apples
Cranberries

fruit

**KITCHEN
IS
COMMON**

Monday - Saturday 11:30 - 8:30
442 Common Street, Belmont
617-484-4EAT (4328)
www.kitchenoncommon.com

Good Tastes Kitchen presents

FARM TO TABLE DINNER
JOIN US AT THE TABLE

SATURDAY SEPTEMBER 12TH ~ *Cider Hill Farm, Amesbury*

• OPEN TO THE PUBLIC •

Tickets include live music, a four course meal
& wine/beer from local producers.

PLEASE VISIT www.Good-Tastes.com
OR CALL 978-518-5300



BUY ORGANIC, LOCALLY GROWN

**Organic Produce, Fresh Eggs
Local Meat, Milk & Cheese
All Natural Soups & Baked Goods**

Don't Miss Our Farm Harvest Festival
Saturday, October 17th from 11am - 3pm

GREEN MEADOWS FARM

Organic Vegetables & Meat

May through October
Open Daily 8am - 6pm
Closed Mondays

656 Asbury Street, Hamilton, MA
978-468-2277 | GMFarm.com